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A group of Germany visitors posing in a photo with Ven. Dhammakami during their visit at the Temple.

UGANDA BUDDHIST CENTRE

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Water is Life



Nothing is as beautiful as dawn breaking and having a good view of Lake Victoria, the largest in Africa though relaxing to the cool breeze that cannot quench your thirst. The grief in the eyes of the community is always reflected as a relief by the work of Bhante Buddharakkhita. With support from some Australian Buddhists, an electronic pump was donated to help solve the water problem in Bulega, Entebbe where Uganda Buddhist Centre is located. This to me is yet another step towards the dream of having each household receive safe water which they can use at least for domestic consumption.

The water problem has been ongoing however, the solution to supply pumped and borehole water has been put to table and



implementation amidst the scarce resources is always going on. The situation today is different as the two boreholes that have stood as a reliable source of water have since broken down, leaving the community stranded.

Today, with the electronic pump installed to supply water for consumption at the temple, Bhante Buddharakkhita has devised that the Centre and the community share the available water to save the community from walking longer distances. A few can as well access the little water present as many storm the Centre to access the available water. At least 4,000 liters are consumed by the community on daily basis.

Currently, over 100 people come to the Centre to fetch water. The shortage of safe water is a problem that has been hard to solve due to the limited resources and the partial solution is to repair the existing boreholes for the time being. We do hope that someday we acquire solar or electronic pumps together with a tank that can reliably supply people with safe water.

Join our daily group meditation and monthly gathering at the temple in Garuga, Entebbe.

Send us a message at ugandabuddhistcentre@gmail.com



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Borehole Repairing



Since its establishment, the Uganda Buddhist Centre has demonstrated its immense potential in providing improved access to safe and clean water to the community. In Bulega community, UBC drilled three boreholes, two of which recently malfunctioned. They have been down for nearly three weeks. UBC has invested some funds to repair the boreholes so as to provide an alternative source of safe water for the neighboring community.

The boreholes are manually operated and over time, they circum to breakdown. This time round the pipes to the boreholes got loose and fixing them required removing the entire set up which

has not been easy. The pipes have however been reconnected and a few fittings replaced in the cylinders and now the community can access the water from the boreholes.

The Bulega Community is forever grateful to Bhante Buddharakkhita for mobilizing the scarce resources so as to ensure that the neighboring community can access safe water.

Uganda Buddhist Centre dreams that someday, a much more reliable water supply project is established so as to reliably supply water to the community to suit both domestic and agricultural consumption. This I do believe will happen through the installation of the electronic pumps.

Beads of Empowerment

Uganda Buddhist Centre is honored that yet another volunteer Kiwojolo Elizabeth who is equipped with skills of making crafts has offered some of her time to make a difference in the lives of the people in Bulega, Entebbe through



participants were humbled by this simple and creative program which will develop their skills for income generation. In their comments:

"I'm going to put in all my heart into making paper beads, so I can earn some money to sustain myself because I have no job." Victo Kizza.

"I'm happy, willing to learn and will not

training all those interested in making hand crafts such as necklaces and ear rings so far. This she does believe that if perfected can be yet another source of income to the community when they sell some of the products. Elizabeth promises to train more people. The response amongst the community members has been great as many come to Uganda Buddhist Centre to learn that special art. The community is highly unemployed, only a few have attained education and majority of them are subsistence farmers. Bhante Buddharakkhita has endeavored to direct any opportunity that can empower the community so as to increase their sources of income. With surety, this opportunity has come at the right time and with minimal cost of materials, the members will have an additional source of income.

retreat" Beroshan Lillian

"I'm so happy, and will continue to learn. I will not quit." Sanyu Prossy.

"I'm happy that we can get together as a group and learn skills to help improve our livelihoods. Thank you" Akuku Esther.

"I would love us to develop ourselves by working together and earning together" Nantongo Florence.

Monthly Metta Event!

The term "metta" in Pali, the language of Buddha's time is used to mean friendliness, loving-kindness, benevolence, amity and non-violence.

Metta is a selfless attitude of love and friendliness rather than an attitude based on egoism. Through metta, one transcends the negative thoughts of

jealous, anger, ill-will, animosity, resentment by developing thoughts of friendliness and wishes for the well-being and happiness of other beings in the universe.

Moreover, in Metta Sutta, the Buddha encouraged us, with awareness to release goodwill, and stated eleven benefits one attains: “One sleeps easily, wakes easily, dreams no evil dreams. One is dear to human beings, dear to non-human beings. The devas protect one. Neither fire, poison, nor weapons can touch one. One's mind gains concentration quickly. One's complexion is bright. One dies unconfused and – if penetrating no higher – is headed for the

heavenly worlds.”

For those unfamiliar with how to practice metta, Uganda Buddhist Centre has initiated a monthly Metta event to spread loving-kindness across the globe. The event includes a Dhamma discourse and chanting of Karaniya Metta Sutta.

This month, the event was held on the 28th. It included chanting of Karaniya Metta Sutta, Dhamma discourse given by Ven. Adicca and an online video discourse delivered by Ven. Bhante Buddharakkhita from Australia.

Given the scale of this event, we would like to call every one of you to come and join us to spread Metta (Loving-kindness) across the world.



participants of the Monthly Metta Event

Bhante Buddharakkhita in Australia

With his dedication to spread Dhamma, Bhante Buddharakkhita continues to carry out worldwide Dhamma missions. This time, he headed for Australia immediately after hosting an International Buddhist Conference at the Uganda Buddhist Centre in Uganda.

His short stay in Australia has seen many people benefit. He has given Dhamma discourses at the

Buddhist Society of Victoria in Melbourne. He has also given talks and taught meditation to students of Clarinda Primary School, Melbourne focusing on “the greater need of kindness and respect for one's differences in a multi-cultural communities”.

Students from various diversities including the Figi, Samoa, Spain, China, India, Greece, UK, and so on were privileged to interview and interact with Bhante Buddharakkhita.

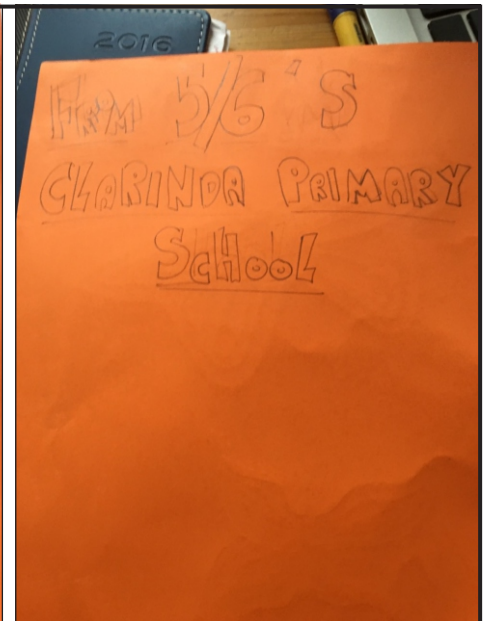
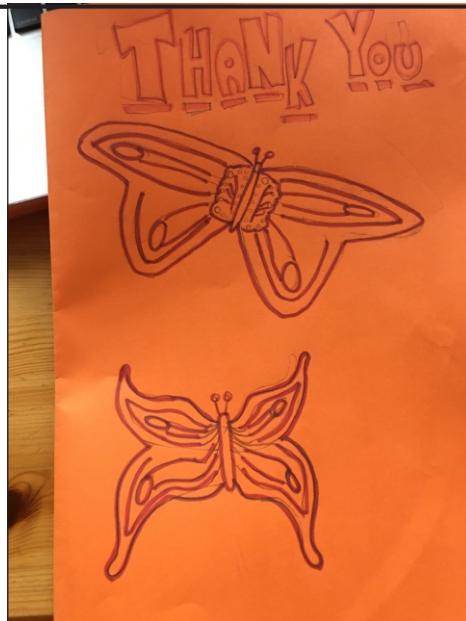
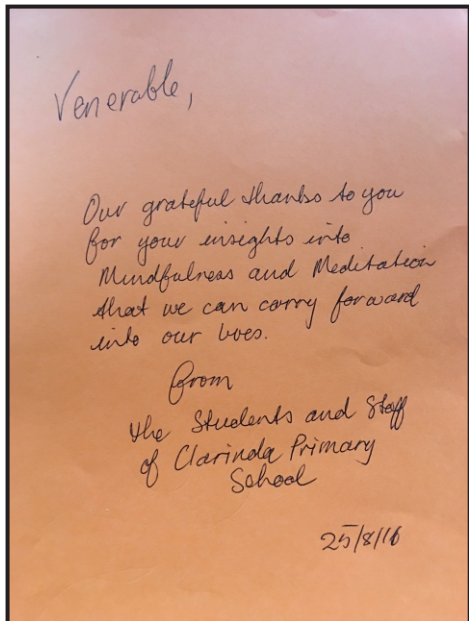
Bhante is again expected to give an “In-depth Sutta study”, talks on “More Dhamma Less Drama: How to make wholesome and awesome decisions” and a talk on “Planting Dhamma Seeds in Uganda”, at the Buddhist Society of Victoria, Melbourne, Australia.



Bhante Buddharakkhita teaching at Clarinda Primary School, Melbourne



Teaching at the Buddhist Society of Victoria, Melbourne.



Messages from Bhante's students in Australia



Bhante Buddharakkhita interacting with the children of Caulfield South Primary School, Melbourne.



Visitors in Photos

The Uganda Buddhist Centre is open and flourishing, where we receive visitors day after day. We receive various people from a variety of backgrounds (locals, and foreigners from both Buddhist and non-Buddhist countries) in the temple. Many of them want to know more about the temple and Buddhism as well. We have setup a daily and monthly program in the temple where meditation is taught and Dhamma talks are offered by our resident monk, Ven. Ashin Adicca. This enables our visitors to get some insights about Buddhism and the temple as well.

You do not need an appointment to visit the temple. Come join our growing group of meditators!



Vietnamese visitors listening to a Dhamma discourse given by Ven. Ashin Adicca at the temple. Later, the group offered flowers



A group of visitors from Germany planting onions and cabbage at the Temple.



Simon Rufell from Sheffield the UK, spending some time with the Peace School children at the temple



Some visitors practicing Martial arts during their visit at the Temple.

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UBC activities are made possible by many supporters from around the world. Therefore, we are eternally grateful for your kind and generous donations.

We still need your support:

- To maintain resident teachers/monastics
- To maintain the Temple
- To establish the African Buddhist School/College
- To run Buddhist activities
- To build accommodation facilities

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